

# <u>Tyla A. DiMaria, RN, MSN, CCM, CNLCP</u> BestLifeCareSolutions.com, Tyla@BestLifeCareSolutions.com, 760-201-6591

#### **Licenses and Certifications:**

Master of Science in Nursing Certified Nurse Case Manager Basic Life Support Certified Nurse Life Care Planner
Certified Critical Incidence Stress Debriefer
Certified Critical Incident Stress Debriefing Instructor

# **Professional Experience:**

## Health Care Consultant, Life Care Planning - Best Life Care Solutions

 Review of medical records, past billing analysis, consult and collaborate with physicians and other health professionals to formulate future care needs and Life Care Plans for patients with catastrophic injuries and chronic illness.

## **CorVel – Nurse Case Management Manager**

• Nurse Case Management Manager for Workers Compensation, managing a team of 30 nurses.
Trained and educated nursing team in how to facilitate medical needs, collaborate with physicians to ensure timely treatment, anticipate treatment course, find solutions to barriers in achieving recovery goals, and promote continuous communication between the injured worker, provider, claim adjuster and employer. Proactively planned and facilitated nursing actions to assist patients towards recovery from various work injuries.

#### **Best of Care- Home Care Agency- Owner/President**

Designed unparalleled training lab and launched hands-on caregiver training and development program. Provide safe and reliable homecare services and activities of living for patients/customers with various diagnosis, as well as clients in hospice care. Hospice awards for excellence in caregiving.
 Completed assessments of patients/customers and safety assessment of living environment in home or facility. Creation of care plan to address needs of patient/customer. Employ 50+ employees, and complete payroll services. Insured/bonded and Licensed by the state, JCAHO Certified.

### Status One - Case Manager

 Registered Nurse Case Manager. Managed chronic illnesses through education, research, coordination of treatment and support services, and constant patient and provider communication.
 Instrumental in preventing hospitalizations. Managed caseload of 100+ patients.

#### **UCSD Medical Center**

Registered Nurse in the Trauma, Critical Care, Intensive Care Unit. Trauma Nursing Core Course Certified. Provided skilled nursing services while managing critical or life-threatening injuries. Triage patients, recognize the signs of deterioration in unstable patients, provide first aid, CPR, or other emergency medical care as needed, giving emergency medications/IV fluids/blood, wound care, collaborating with physicians to give updates on medical condition, wounds, injuries, etc., work with patients and their families to give reassurance and education, provide resources to patients who have gone through a traumatic injury or event, maintain proper documentation of the care of patients, and work calmly and carefully while dealing with life-threatening injuries.

#### **Scripps Hospital**

Registered Nurse for individuals in Medical-Surgical, Orthopedics, Oncology, Cardiac/Telemetry, Rehabilitation, Short Stay, Cath Lab, Same Day procedures, Mother-Baby, and more. Creating and coordinating patient care plans coordinating patient discharges, collaborating with healthcare team members to ensure best possible patient outcomes, evaluating the health of a patient; adjusting treatments accordingly, monitoring vital signs, coordinating, organizing, and prioritization. Patient assignments, educating patients and their loved ones regarding treatment options, ensuring medical equipment such as feeding tubes, IVs, oxygen tanks, and catheters are working correctly, documenting patient progress, and administering medication.

# **Professional Organizations:**

2022 International Association of Rehabilitative Professionals (IARP)
2021-Present American Association of Life Care Planners (AANLCP)

2021-Present Case Management Society of America (CMSA)